

# Are we as humanity building our inner “lighted house” of consciousness?

## We are in the month of the zodiacal sign of Cancer.

The spiritual keynote for Cancer is “I build a lighted house and therein dwell”

Light enters through the eyes. The habitual focus of attention by the eyes indicates where thought is directed and the type of light being admitted.

In shopping malls the lighted house of consciousness is not likely to be built. In malls eyes scan the goods and services available. The eyes, as instruments of the mind, project value onto things that will satisfy an actual need or satisfy a desire. Where there is desire the looking process often surrounds the object with an imagined glamorous appeal (these false eyelashes will make my eyes look more appealing).

Consumerism relies in part on the scanning pattern of the attention of the general populace which is seeking a stream of repetitive ephemeral satisfactions.



However the internet provides global images and comments which are often startling, shocking or inspiring in their portrayal of the human condition on our planet and this has a greater potential to stimulate thought outside consensus reality.

It is the focussed search for the inner light of meaning which en-lightens the consciousness. “If thine eye be single the whole body will be filled with light.”<sup>i</sup> The contemporary idiom for this saying of the historic Christ could be “If you live with mindfulness your personality will become a source of light”.

The “single eye” could be viewed as a symbol for the integration of left-brain/right brain functioning<sup>ii</sup>, leading to the functioning of the “third eye” of intuitive awareness which is not linear or dualistic but a holistic knowing in which the sense of the One is known<sup>iii</sup>.

Becoming lighted houses that radiate light and carry lighted teachings to others is the work of the trans-Himalayan Masters, their wisdom teachings and their ashramic outposts on Earth. For this purpose the Theosophical Society was founded in 1885 in New York, in collaboration with the Master Kuthumi (KH).<sup>iv</sup> Teaching, counselling and healing through the influx of light is the province of the Second Ray ashram of Love Wisdom. In this tradition the Buddha and the Christ are seen as spiritual brothers and world teachers who came to the East and West respectively and whose blended influence will return in the appearance of the next world teacher, the Lord Maitreya<sup>v</sup>.

In addition some serve in the ashram of Master KH's pupil, Master Djwhal Khul (DK)<sup>vi</sup>, also carrying the light of ideas to those hungry for new spiritual meaning in life, for soul awakening –

“We reach into the light and bring it down to meet the need”<sup>vii</sup>

In these wisdom teachings the soul is described as a field of light and love above the head. The light and love are conveyed through the consciousness thread to the brain and the life thread to the heart<sup>viii</sup>. Each of the seven chakra centres in the head and along the spine, in the physical etheric aura around the body, are lit by the spectrum of seven rays of refracted light which nourish the endocrine system and associated organs and bodily systems<sup>ix</sup>. Humans are indeed ‘beings of light’ who incrementally increase their quotient of light across many lives. The soul acts as a storehouse for this light between lives.

The historic Christ said “You are the light of the world”, “Let your light so shine before men”<sup>x</sup>. This radiant light is portrayed in religious paintings as a halo of light around the head of the Christ. The teachings of the Buddha offer the world en-lightenment – buddhi.

The significance of light to the evolving human consciousness is a theme in the works of well-known authors, including CG Jung. He writes in his autobiography that he dreamt around the time he decided on study for his future career that he was in a dark windy foggy night and had to keep a tiny light alive, cupped in his hands, “regardless of all dangers”. On waking he knew that this was the light of his consciousness, “the only light I have... the sole treasure I possess”<sup>xi</sup> Eckhart Tolle in *The Power of Now* describes his enlightenment experience in terms of the quality of light which carried love<sup>xii</sup>.

The importance of light is extended into the after-life. Light is a feature of an expanded consciousness which survives death.<sup>xiii</sup> The Wikipedia entry on NDE's attests to this<sup>xiv</sup>

For some people crises in the individual life lead to pondering on the meaning of life; lessons are learned through suffering and displacement of the status quo in the life. In-sight is gained and a greater quota of inner light results. Such expansions of consciousness are called initiations.

Could it be that world crises are awakening human consciousness towards a global expansion. Are we, as humanity, going through a global initiation? Will humanity become a “lighted house” on our planet?

Julia Tarnawsky, July 2016

---

<sup>i</sup> The Bible Matthew 6:22

<sup>ii</sup> Read Jill Bolte Taylor's account of her struggle to integrate the functioning of the two sides of her brain in her book *My Stroke of Insight*.

<sup>iii</sup> This intuitive insight is described as “inclusive reason” in Alice A Bailey's book *Esoteric Psychology Vol II*. P. 393

<sup>iv</sup> *The Masters and the Path* C W Leadbeater p. 255

<sup>v</sup> *Jesus Lived in India* Holger Kersten Penguin Books 2001

<sup>vi</sup> Leadbeater *ibid* p.268

<sup>vii</sup> *Glamour A World Problem* Alice A Bailey p. 231

---

<sup>viii</sup> *Esoteric Psychology Vol II* Alice A Bailey p. 62

<sup>ix</sup> *Esoteric Healing* Alice A Bailey p. 469

<sup>x</sup> The Bible Matthew 5:14 & 5:16

<sup>xi</sup> *Memories, Dreams, Reflections* pp.107-108 Collins Fontana 1973

<sup>xii</sup> *The Power of Now* p. 2 “The first light of dawn was filtering through the curtains. Without any thought I felt, I knew, that there is infinitely more to light than we realize. That soft luminosity filtering through the curtains was love itself. Tears came into my eyes....Everything was fresh and pristine, as if it had just come into existence. ..I picked up things...marvelling at the beauty and aliveness of it all.....For the next five months I lived in a state of uninterrupted bliss....”

<sup>xiii</sup> In *Dying to Be Me* Anita Moorjani writes of her NDE. She likens our everyday consciousness to “the beam of one small flashlight” and the expanded consciousness of the afterlife as seeing “you are part of a large and unfolding tapestry that goes beyond sight and sound” pp. 71, 72. Like Tolle during his experience of enlightenment, on return from her NDE, Moorjani thought “the world looked brand-new. Everything seemed so fresh and sharp and beautiful”. p 84.

The ministry of light continues after death. After her death Frances Banks reported telepathically to her living colleague Helen Greaves about her counselling of an artist seemingly trapped in a gloomy afterlife environment in depression and hopelessness. This account is found in Greaves’ book *Testimony of Light*. Helen Greaves herself was requested by a Brother of Light to assist the dead in understanding their condition and help them move to the light, reported in her book *The Wheel of Infinity*.

A friend in Sydney, Australia, meditates during the night, attracting through her light the newly deceased who are disoriented, do not realise they are dead, or are concerned about their living loved ones. She then counsels telepathically. This is a service once recognised and provided in Theosophical Society circles. *The Masters and the Path* p. 252

In Tibetan Buddhism the reciting of mantra by the living to assist the dead are designed to help them resist being trapped by self-created realities en route to the light. The bardo states described in *The Tibetan Book of the Dead* are faced by the newly dead on their journey through the dimensions after death. These are mental and emotional states or phantasmagoria reflecting a reality created during their life as expectations of what they will face after death.

<sup>xiv</sup> Wikipedia includes these characteristics in the list of commonly experienced phenomena in the near death state:

- A rapid movement toward and/or sudden immersion in a powerful light (or "Being of Light") which communicates with the person
- Receiving a life review, commonly referred to as "seeing one's life flash before one's eyes".
- Receiving knowledge about one's life and the nature of the universe.