

*ESOTERIC STUDENTS' NEWSLETTER*  
*Sponsored by Southern Lights Centre and*  
*Christ College of Trans-Himalayan Wisdom*



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## REFLECTIONS

'The moral of this story, the moral of this song, is simply that one should never be where one does not belong.' *Bob Dylan, 'The Ballad of Frankie Lee and Judas Priest.'*



I first met Lawson Bracewell in around 2011, when he gave me an astrology reading. He invited me to attend a weekend retreat at the Christ College of Trans-Himalayan Wisdom, what is now (exoterically at least) the Southern Lights Centre.

I have always been up for pretty much anything, often times to my detriment, sometimes to my spiritual benefit. My acceptance of Lawson's invitation falls into the latter category.

During the ensuing decade I have worked, meditated, learnt and grown within the container of Southern Lights Centre. I have experienced beautiful and enduring relationships built on trust and mutual respect and, yes, love. It has not always been a bed of roses. After Lawson's death, the future of the school was very much in doubt, but with Orest and Julia's dedication and commitment and the care and support of the wider esoteric community, we continue to be a functioning community, school and retreat centre, founded firmly on the Ageless Wisdom tradition, but embracing new spiritual approaches and realities that embody the one truth.

Why did I commit such a large part of my life to Southern Lights Centre, and why do I continue to do so? This is a question that can't be answered from the place of mind. Simply, my heart draws me to serve and to simply be, on this beautiful, harsh, sometimes wild outcrop of land on the steep slopes of an extinct volcano, overlooking Akaroa Harbour.

My journey, and my heart calling are far from unique. Each of us spiritual seekers are seeking ultimately the return Home – to our spiritual source, our divine nature. We are the prodigal sons, returning in our humility and hope to the Father's house. But for many, and increasingly more so, there is also a more explicitly feminine voice calling us home. That call is not a call to arms, but to return to a place of communion with the land and with Papatūānuku (Mother Earth) the physical and energetic embodiment of the Divine Feminine. A turning away from disconnectedness and abstraction from the physical, from artificial intelligence, artificial communication, artificial entertainment and food, and from the frenzied exploitation of our Mother and her gifts.

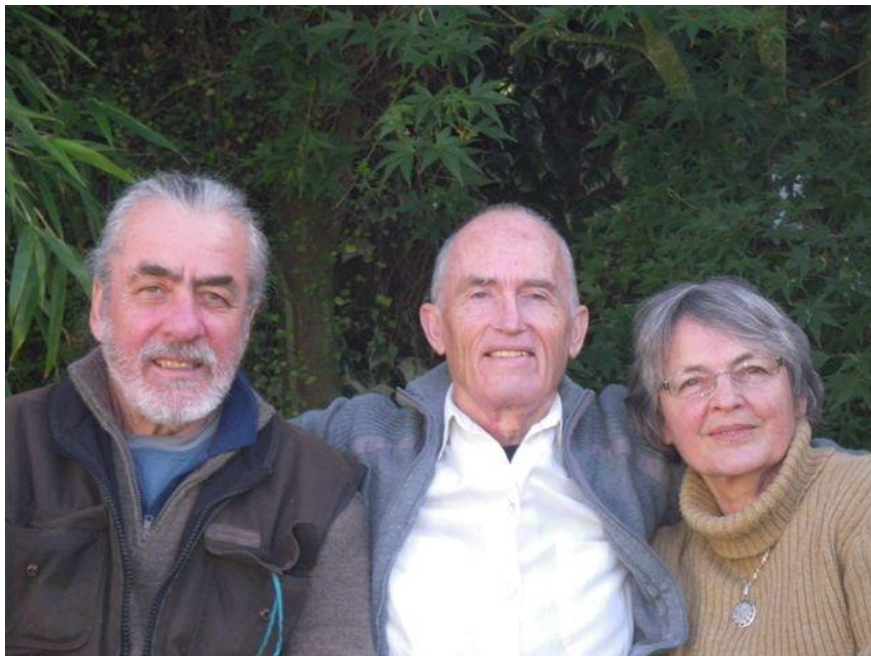
We see this spiritual impulse very strongly in so many of the young people we nurture at Southern Lights Centre. Many, if not most of them, are consciously seeking to escape unfulfilling careers and lifestyles that cultural conditioning and the demands of the capitalist system have led them to. What streams of the spiritual life draw them onward? Here is what I see:

- Community and diversity
- Cultivating, growing and collecting nourishing food
- Healing trauma, through plant medicine and somatic techniques
- Restoring the environment

All of these kaupapa (causes) point clearly to a deep need to nurture and to be nurtured, within the womb of the physical, the land, and community.

Unlike most of those of my generation and earlier, our young people are learning how to engage with and honour their feelings, and through their feelings are seeing more clearly what action they need to take to heal themselves, their communities and the Earth. Our task as elders and aspiring elders, which is a term describing not age but wisdom and the acceptance of responsibility, is to support that vital and urgent calling. This is, perhaps, the most important external spiritual work for our generation at this time, given humanity's greatest need.

Here at Southern Lights Centre, our reciprocal relationship with the physical essence of the land of which we are temporary kaitiaki (custodians) grows, as we work more closely with the elementals, the emissaries of the Divine Mother, and with systems that harmonise and support Earth energies. May this work grow and develop along with our community and the mana of the land, for the good of all kingdoms of life.



**Tuning The Diamonds ...Electromagnetism and Spiritual Evolution.  
Susan Joy Rennison... An Exploration of MOTION**

In her book (2008); Tuning the Diamonds, Susan Joy Rennison explores the movement of PLASMA (the 4<sup>th</sup> State of Matter) both in the Macro-Universe and the Micro–Cellular levels of manifestation. This book is an amazing collation of information from scientific and metaphysical sources that coheres into a synthesis of significance.

David Bohm's views are foundational to Susan's outline for they challenge the heresy of separateness. Thus they are partially outlined below: -

“Space is not empty. It is full, a plenum as opposed to a vacuum, and is the ground for the existence of everything, including ourselves. The universe is not separate from this cosmic sea of energy.” – David Bohm.

Bohm was surprised to find that once electrons were in a plasma, they stopped behaving like individuals and started behaving as if they were part of a larger and interconnected whole. He later remarked that he frequently had the impression that the sea of electrons was in some sense alive.” ([Article](#))

Bohm's views unfortunately were not fully considered by his peers. The arrogance when they refused to recognise or fully acknowledge the idea of the connectedness of all things, has led to consequences now unfolding.

Man's interference:- for example the detonation of many atomic bombs in the upper reaches of earth's atmosphere... ([Article](#))

“The period from the 1940's through the early 1960's was a bonanza for nuclear testing in every exotic configuration and location imaginable. Approximately 84 percent of the total yield from all nuclear testing was detonated in Earth's atmosphere during this time period.”

The effects of this arrogance are discussed by Susan in her presentations. She mentions the amount of carbon created in our atmosphere as one serious consequence. Then the price of reversing this consequence rests on all humanity! She speaks about Sir Martin Rees the Astronomer Royal who wrote “Our Final Hour” a scientist's warning: How, Terror, Error and Environmental Disaster Threatens Humankind's Future. This revelatory book openly challenges the prevailing (American) scientific attitudes and research.

Her talk on Space Weather part1...created in 2015 indicates...Space transformation is happening in an increasing pace that is most alarming. Earth as part of the Solar system has moved into a new active area of space. This is part of a cycle event known to ancient cultures (Sri Yukteswar...The Holy Science. Yugas) and spoken openly about by the Russians who researched and predicted this happening.

This idea of “transformations” is supported by the many manifestations of plasma effects shown in her slide presentations. She also quotes from news reports and from a range of sources including NASA; The Electric Universe ([Article](#)). Susan has an honours degree in physics and geophysics and admits to being a Seeker of the Truth and a “bookworm”.

The astounding fact is that she quotes from many of the sources that I personally have researched - many of these sources based on my esoteric studies. For example; -From Through the Curtain by Viola Pettit, Neal & Shafica Karagulla. On page 255 comes the following:

“At present, our solar system is moving at a tremendous rate through space and is moving into a vast ocean of frequencies and substances which is and will alter the life on all planets and increase the radiations of the physical sun as well as produce changes spiritually.”

There is more written; but I leave it to the curious truth-seeker to discover for themselves her Precious Gems (...try also page 275).

Though the above was written in the 60s it was only released after Viola's death. Here; now ...Visible in the sky this TRANSFORMATION is taking place. We are not isolated in space. The earth and the sun are interconnected; we cannot study them separately anymore. The effects of solar flares are varied and evident. Electrical blackouts on large areas of population have taken place; satellite functioning and even dispersal continues to happen; earthquakes and more intense/varied weather effects have caused damage.

Gamma Ray bursts; incoming Cosmic Rays hit a record high level; twenty five comets hit the sun in just ten days; the equatorial anomaly of excess energy in motion and increased levels of cosmic dust (freeze-dried bacteria) are some of the events discussed in her book. The earth's magnetic field variations and possible causative factors are also closely examined.

The key factor is that our earth is inter-relating to the other planets and our sun. Our Solar System is a part of larger “system of stars” and all are not separate entities in a dead space... All is alive and conscious... One Synthesis!

The following quotes are from the Esoteric Books (Lucis Trust) by Alice A Bailey and they clearly postulate this “Oneness of all Life”.

“The next point for each of you to grasp is the fact that the ether of space is the field in and through which the energies from the many originating Sources play. We are, therefore, concerned with the etheric body of the planet, of the solar system, and of the seven solar systems of which our system is one, as well as with the general and vaster etheric body of the universe in which we are located. I employ the word "located" here with deliberation and because of the inferences to which it leads. This vaster field, as well as the smaller and more localised fields, provides the medium of transmission for all the energies which play upon and through our solar system, our planetary spheres and all forms of life upon those spheres. It forms one unbroken field of activity in constant ceaseless motion—an eternal medium for the exchange and transmission of energies.” Esoteric Astrology, Alice A Bailey, pg 10

The Changing Pattern of the Planetary Etheric Body: “It is well-nigh impossible for man to draw or make a picture of the network of triangles and, at the same time, see them taking the circular form in their totality of the etheric body of the planetary sphere. The reason is that the whole etheric body is in constant motion and ceaseless transformation, and the energies of which it is composed are in a state of constant change and circulation.” Telepathy and the Etheric Vehicle, Alice A Bailey, pg 164, 167

“If the student can picture those wheels in activity, if he can visualise all parts of the wheel as composed of lesser living wheels, and if he can work into his picture a hint of the interplay of all these fiery essences, coloured with certain predominant hues, he will become aware of conditions, and see before him a picture which is ever apparent to the illuminated seer. If, before doing this, he can vision the whole of the systemic wheel as in a constant state of circulation, in which the tiny lesser lives are impelled by the force of the central solar life to pass throughout the extent of the wheel so that they come in contact with all parts of the wheel, and are impressed by all the varying types of "power-substance," then the general nature of the method can be somewhat ascertained. We use the term "motion," but what do we really mean? Simply, and literally, the manifestation of the energy generated through the bringing together of

certain aspects of energy, and the triple result thereby produced; the activities resulting from this stream of dynamic electrical energy, emanating from some centre, which sweeps into response all that it contacts, and which holds the responsive units in some form or another.” A Treatise on Cosmic Fire, Alice A Bailey, pg 1095

The ether/aether was denied and still is denied by many scientists. Although Einstein retracted his earlier denial before he died, that retraction is not widely known. “Of course today, scientists now conceded that the results of the Michaelson-Morley experiment were ‘misinterpreted’.” (page 159 of Susan’s book).

Despite this fact; the damage was done and many still quote this experiment and the findings as valid. Lynne McTaggart *The Field: The Quest for the Secret Force of the Universe* attempts to reinstate the essential idea of the ether.

“Attempts to detect the torsion field nature of scalar wave generated by dual Tesla coil system” Gao Peng  
 “Abstract—Scalar wave was found and used at first by Nikola Tesla in his wireless energy transmission experiment. Prof.K.Meyl extended the Maxwell equation and found the lost scalar wave part. The scalar wave theory proposed by Prof.K.Meyl indicates that the torsion field is the nature of scalar wave. This work attempts to detect the torsion field nature of scalar wave generated by the dual Tesla coil system, using the torsion balance consisting of a wooden frame. The result is positive and two kinds of torsion field including left-handed and right-handed are detected in dual Tesla coil system.” Again the essential idea of the etheric field is implied.

Tomas E Bearden’s *Energy from the Vacuum*; like Prof.K.Meyl’s books, are indicating that there is energy in Space. Susan Joy recognises and quotes from Bearden’s research and quotes Russian sources with regard additional Scalar/Torsion information.

Susan Joy Rennison opens a door to what is really happening on a large scale. Take some time to become familiar with her research. I admire her courage and dedication to Truth.

The “Gayatri” below is recited daily. It is a fitting conclusion to this brief article. Ponder a while and its meaning will unravel!

### **The Gayatri**

Om bhur bhuva svhar  
 Tat savitur varenyam  
 Bhargo devasya dimahi  
 Dhiyo yo nah prachodayat Om

Thou Who givest sustenance to the universe  
 From Whom all things proceed  
 To Whom all things return,  
 Unveil to us the face of the true Spiritual Sun  
 Hidden by a disc of golden light  
 That we may know the Truth  
 And do our whole duty  
 As we journey to Thy Sacred Feet. ~ The Rig Veda (10:16:3)

## SOLAR FIRE MEDITATION RETREATS 2024



*This is the time of the **three spiritual festivals** which mark the start of the spiritual year and are the **most potent energies** throughout the year, in **Aries, Taurus and Gemini**.*

*Please join us for the next meditation retreat days, Sundays 9.30 am to 4 pm.  
Mark your diaries and join us to celebrate the different solar fire astrological energies.*

***ARIES – Festival of the Christ***  
***24 March 2024***

***TAURUS – Wesak - Festival of the Buddha***  
***21 April 2024***

***GEMINI – Festival of Humanity***  
***19 May 2024***

Those wishing to participate are welcome to book in advance and send their birth details so a natal chart can be made for discussion at the Sunday retreat. For example, if you were born in Aquarius, how does your birth chart relate to the full moon chart and energies for Aquarius?

All welcome

**For More Information**

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## AWAKENING

Everywhere I look I see that word  
Awakening.

Is it because the Northern Spring  
Stirs sleeping bulbs, buds, nestlings?

Are people waking up  
To dynamics of the past few years?

Is there a lighted network  
Myriad stories  
Stirring the collective mind?

Is it a wake-up call  
To dulled complacency  
A lightning strike  
Uranus revealing the terrain?

And if our Solar System spins sperm-like  
Through the photon belt  
Are we showered with particles of light?

Is Earth an alembic alchemy  
Of cosmic rays and solar flares -  
What if all this awakens junk DNA  
And activates Galactic interchange?

*Julia Tarnawsky*

## Will

Peaceful silent will  
Underpins the lila,  
Play of opposites  
Ida and pingala  
Active and receptive  
Wind around the central column of spirit  
Put down in matter.

Opposites play out  
In each of us  
Animus and anima  
We cannot hide from the "other"  
The "other" is within.

In the noble middle path  
Impartiality surveys the swings  
Each pole a factor  
Hidden, implied  
In the presenting moment.

When all pairs have collapsed  
We enter the quantum realm  
Of possibilities  
Omni- presence, -potence, -science  
Accessible though attention, intention  
Approach the enlightened state  
Embody the One.

*Julia Tarnawsky*





## LOVE'S A TRICKY THING

Daily we say in the Temple the Noon mantram:

*We know O Lord of light and love about the need.  
Touch our hearts anew with love that we too may love and give.*

Here we are addressing the Christ, Lord of Universal Love. Who, as the historic Christed World Teacher, Jesus, was the forerunner of the expression of Aquarian service.

In the Trans-Himalayan teachings, followed here at Southern Lights Centre, the nature of this "love" and the nature of this "need" are expanding, being re-contextualised in light of the approaching Aquarian Age. I have found these teachings of value during the last four years as a 'compass, anchor and rudder' when considering the demands of government upon individuals and groups, framed as service to the country and when observing the movements that have arisen in the community in response.

*Humanity...is learning to react to a steadily imposing will of that great life who informs the constellation Aquarius....The Law of Service is the expression of a great Life....subjecting the human family to certain influences and streams of energy" (1)*

The Law of Service is *the* "imposition upon the planetary rhythm" of these Aquarian energies. (2)

In the astrological chart Aquarius rules the eleventh house of friends, hopes, and, above all, groups which meet to promote social betterment. Aquarian service involves the harnessing of the contributions of the opposite sign, Leo with its unique individual expression, in group service. The group member "becomes willing to be a tiny part of a Greater Whole" and "he will submerge his personality tendencies, his ideas and his ambitions in the greater good of the whole." (3)

However, every quality and social trend expresses through duality. The shadow side of the Aquarian group service energies is described under this Law of Service as the:

*"regimenting of the masses" so that "the individual serves the group by a forced negation of his personal self" which is "subordinated to the whole" "He is forced to conform willingly or unwillingly to group conditions." (4)*

Service sometimes becomes changed into ambition, "into an effort to make others serve as we think service should be rendered instead of into love for our fellow men" A willingness is required to "let others serve as seems best to them". (5)

In contrast service is based on a mental response to humanity's needs and "the impulses to serve are registered in the heart centre." (6) As a result:

*the server will come into a wider more loving vision and, taking his eyes off his own accomplishment, will go to work in silent unison with the group of all true servers (7)*

All of these quotations are taken from the Law of Service, one of the Laws of the Soul, in *Esoteric Psychology Volume II*. Hence service is seen as an outcome of contact with our souls. This brings about an inner shift. Service is then:

*the result of a tremendous inner happening.....a tendency to turn away from the things of the personal self to the larger issues of the group.....[and] a power to change conditions....which is the demonstration of something dynamically new. <sup>(8)</sup>*

The soul's influence is clear in the following passage:

*It takes the soul itself to reveal to the poised and peaceful mind the next step to be taken in the work of world evolution <sup>(9)</sup>*

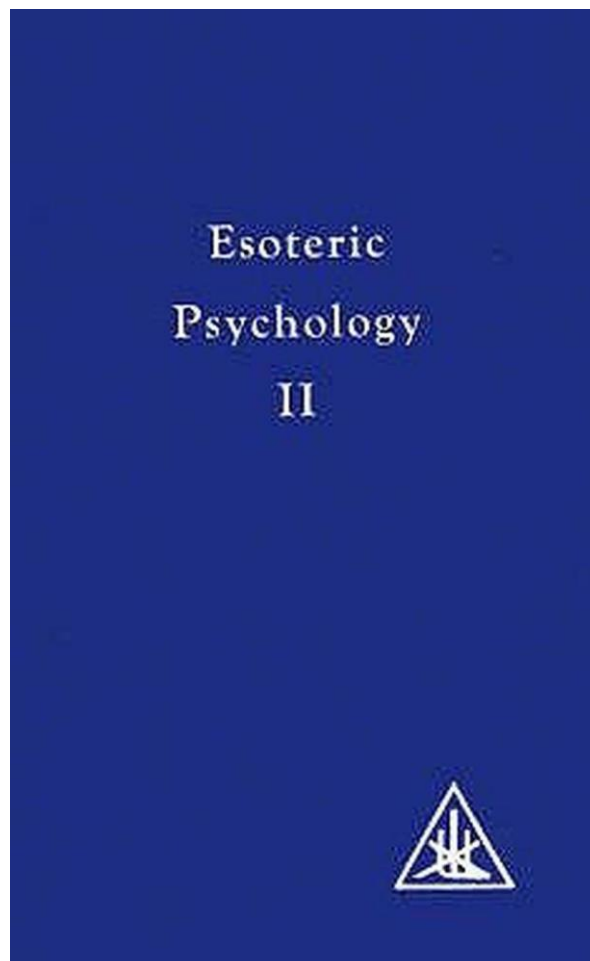
In treading the path of love through group service further counsel is given:

*Let the Spirit of Goodwill dominate our minds and there will be no room for the spirit of criticism and the spreading of destructive discussion. ....Harmlessness dissipates the obstructions to the free outpouring of love <sup>(10)</sup>*

So may it be.

*Julia Tarnawsky*

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References are all from *Esoteric Psychology* Volume II by Alice A Bailey

(1) 122, (2) 119, (3) 136, 135, (4) 119, (5) 131, 129, (6) 123, (7) 134-5, (8) 133, (9) 136, (10) 129

## SOLAR FIRE DATES AND TIMES

Monthly meditations are always held at the full moon at Southern Lights Centre near Akaroa.

Please contact Julia and Orest for details.

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## MEDITATION TEMPLE DATES

Aries	25 March	4.00 pm
Taurus	23 April	4.00 pm
Gemini	23 May	4.00 pm
Cancer	21 June	4.00 pm

## FULL MOON

Aries ♈ **Keynote:** *I come forth and from the plane of mind and I rule*  
(actual time 25 March, 8.00 pm)

Taurus ♉ **Keynote:** *I see and when the eye is opened, all is illumined*  
(actual time 24 April, 11.48 am)

Gemini ♊ **Keynote:** *I recognise my other self, and in the waning of that self I grow and glow*  
(actual time 24 May, 1.53 am)

Cancer ♋ **Keynote:** *I build a lighted house and therein dwell*  
(actual time 22 June, 1.08 pm)

## NEW MOON

Aries ♈ **Keynote:** *I come forth and from the plane of mind and I rule*  
(actual time 9 April, 6.20 am)

Taurus ♉ **Keynote:** *I see and when the eye is opened, all is illumined*  
(actual time 8 May, 3.22 pm)

Gemini ♊ **Keynote:** *I recognise my other self, and in the waning of that self I grow and glow*  
(actual time 7 June, 12.37 am)

## THE GREAT INVOCATION

**From the point of Light within the Mind  
of God  
Let light stream forth into the minds of  
men  
Let Light descend on Earth.**

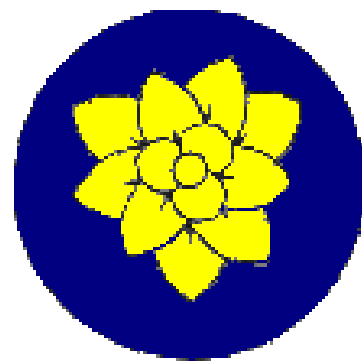
**From the point of Love within the Heart  
of God  
Let love stream forth into the hearts of  
men  
May Christ return to Earth.**

**From the centre where the Will of God  
is known  
Let purpose guide the little wills of men  
The purpose which the Masters know  
and serve.**

**From the centre which we call the race  
of men  
Let the Plan of Love and Light work out  
And may it seal the door where evil  
dwells.**

**Let Light and Love and Power restore  
the Plan on Earth**

**Om Om Om**



# **CABINS FOR RENT AT SOUTHERN LIGHTS CENTRE CUTE, COSY AND AVAILABLE NOW**



**CREATE YOUR OWN RETREAT.**

**-EXPERIENCE SOLITUDE AND TIME IN THE TEMPLE, OR JOIN US IN  
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**COME FOR A NIGHT OR FOR ANY NUMBER OF NIGHTS.**

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## NEUTRALITY... FROM DISCRIMINATION TO DISCERNMENT

The polarisation structure of the human psyche is a key to Leslie Temple-Thurston's book "The Marriage of Spirit". Leslie's influence is strongly evident in the discernment of my experiences as I continue to apply her methodology to come to a point of realisation/resolution.

A level of personal crisis often resulted in my response that echoes the "last straw that broke the camel's back" syndrome. A tipping point of balance was often reached where a gradual build-up of emotional and mental energies created such a pressure that a sudden shift in response ... a reactive release was enacted. At other times under similar situations; possibilities were more carefully considered. Then action was taken. Yet, the drive for strong action emerged from that PRESSURE build up!

This type of occurrence contrasts with the establishment of a personal pressure valve that allows small amounts of "steam" to be released between protagonists via clear communication; that requires open dialogue.

At the centre of this situation lie the diversity of human nature and the need to stay in integrity to established world views and life values held by each of the involved Personalities. Co-measurement or compromise necessitates a more expanded consciousness rather than a self-centred approach.

Also; a point to consider is the realisation that perception of reality is varied according to past experiences and one's emotional, mental and spiritual development. My clear realisation is that My "Style A" characteristics are triggered by "Style B" characteristics. This development of a persona because of conditioning experiences became gradually more evident.

When pondering after reading Lesley's book; a sequence of polarities streamed into my consciousness; these I gradually documented: -

Style A	Style B
Free Expression....	Control
Freedom of Choice...	Imposed Restriction
Quest for Meaning...	Gather information/Facts
Opening to the Whole	Attention to Detail
Spontaneity ...	Regulated expectation
Adequate for need/Adaption...	Precision/Exactness...
Cloudy/emerging/deviation...	Clear/Progressive /defined...
Trial and Error ...	Organised and routine
Accommodating and Acceptance...	Rejection and Positionality
Variation/Adaptability...	Exact Procedures /methodology
Jack of all-trades...	Specialist
Inclusivity/Co-operation...	Separateness/individuality
Challenge/Rebel...	Conformity/conditioned/Status Quo
Allowance ...	Rejection/Prohibition
Openness /Trust	Secretive /Mistrust
Inclusiveness	Excluding /Selective
Consideration/Concern/Compassion	Positionality/Judgemental/ Criticism
Avoid Conflict or Confrontation	Assertive/Manipulative
Pre-occupied	Present
Submission	Dominance/ Restriction/ Imposition

These "qualities" generally manifested but not always consistently; the pendulum sometimes swung to its counterforce.

Trying to ascertain boundaries and accommodate to the variance; to the huge diversity of human types and their expressions ... allowing a period of acceptance while simultaneously attempting to come to an understanding of situations was generally attempted. This course of action was motivated by inclusiveness. Yet gradually a wall of resentment, irritation and rebellion developed as sometimes my personal integrity was felt to be threatened.

Both styles of these collective “Qualities” when expressed have the potential to be either beneficial or damaging depending on their appropriateness to the circumstances of the situation. Usage holds consequences!

A habitual pattern when developed may create a reactive tendency which exhibits a limited awareness. Harmfulness is the result or the creation of misunderstanding. This “pattern”; because it is recognised, becomes amenable to being adjusted or dismantled.

Any “Virtue” or “Quality” in an extreme expression may develop as its Opposite! Virtue/Vice! “Style A” people may be more the reflecting, inner perceiving, feeling, type... and possibly require time for introspection or pondering. “Style B” people may be quicker in response both mentally and emotionally. They are usually more assertive and demanding. This type of person may also be materialistic and worldlier. The first polarity is the most significant: -“A”... Free Expression.... “B”... Control.

With these two qualities at the base of a triangle the neutral quality of DISCERNED ACTION at the apex led to resolution. A shift from discrimination to discernment required a marked degree of detachment. When two merge with one, the higher light is seen. This adaptation from the words of power from the Alice A Bailey is a strong mantram.

Though this process of triangulation was often mentioned by my early spiritual teacher; Lesley’s book and my ponderings brought a deeper impact of understanding as the process was actualised. By “actualised” I mean that conscious presence as an observer allowed appropriate responses to be expressed in the prevailing circumstances.

Discussing my “early –life” reveals that TRAUMA was experienced and a degree of suppression of emotions was instrumental in the unfoldment of my personality traits and their consequences. My early life:- my actual circumstances were suddenly changed by controlling factors. My parents separated; then followed legal custody issues; orphanage stays; broken promises; separation and suffering. Three orphanages/eight years of separation eventuated as a consequence of the persons in control (Type B) needs being paramount over mine.

This resulted in the development of my coping mechanism of avoiding conflict/confrontation ... fearing escalation towards argument/violence or dire consequences ... this protective mechanism became habitual leading to isolation; a build-up of inner tension and a tendency to resent any authority. A tendency towards a Type “A”- personality was assumed.

The Catholic orphanages in my youth; exerted “control” through injection of “Fear” based on inculcating inner guilt/shame/and unworthiness ... the issue of blame/sinfulness became a tool of control that challenged my inner self. Born in post –war Europe “rickets-due to a lack of vitamin D” and early childhood diseases like German measles plagued my infancy.

Later other physical consequences became apparent ... ear trauma/deafness/learning difficulties ... repeating 4th class ... Otitis media an infection of the middle ear that was not responsive to early medication persisted until early high school. Being “DEAF” may possibly be a subconscious and enforced choice; an attempt to switch off the outer by a retreat within to safety.

Resolving these early difficulties and trials requires full recognition and ownership of these many polarity dynamics by practising reflection and deep pondering. In this pondering there is also the quest for meaning

and the invocation of guidance. Resolution and realisation are linked to acceptance of the “shadow”; perhaps the causative factors that attracted specific experiences are the actual consequences of “seed-actions” in prior incarnations. Facing this type of reality is difficult for many.

Some psychic friends mentioned a link to me in a prior incarnation and they suggested that my role as a bishop in the church was noticed. It had crossed my mind that abuse of a church position by me led to my experiencing life in catholic institutions in this present existence. The “Dweller on the Threshold” versus the “Solar Angel/Soul” is an esoteric explanation of this challenge.

One major spiritual event established my true nature. Returning to St Michael’s Orphanage in Baulkham Hills Sydney after a Christmas holiday at Newcastle with my mother and her partner ... {St Michael's Orphanage, run by the Sisters of Mercy, was opened at Baulkham Hills in 1902. It was also known as St Michael's Boys' Home.} Feeling rejected/unloved/alone/unwanted a decision to refrain from eating was made and acted upon. I hid behind an outside staircase below the kitchen during the evening mealtime. A steel plate over a grease trap provided some warmth. Feeling in my pockets I withdrew two wax crayons one red/orange, the other blue. Pressing them into the steel plate; I watched them begin to melt and fuse.

This intense focus of attention on the “Change of State” led to a strange experience. I seemed to enter an expansion of the “NOW” moment which included some of the past and some of the future. The experience of a deeper LOVE overwhelmed me. This love went beyond “family-love”; it was inclusive and all-embracing. Simultaneously I attained a state of knowing the causation of my present difficulties...an extensive view of the past and the potential future assured me of the need for this present reality to unfold. One scene of a bull elephant charging was recalled much later in Rhodesia when it actually materialised.

The outcomes of this mystical experience were both immediate and far-reaching. I immediately chose to live and resume eating. More important, I knew the reality of this experience (gnosis) and could no longer accept “appearances”.

Significantly; The Idea of the Holy by Rudolf Otto, a book I later studied, comes to mind. Holy Grace embraced my heart...I felt that Love Sublime... the defining element of the holy is the experience of a phenomenon which Otto calls the numinous. Its existence remained as a positive charge in my LIFE! The Truth-Seeker within me became paramount. This influence became the central purpose of my existence!

“When you doubt your power...you give power to your doubt.” This quote is from “IN SEARCH of the SOUTHERN SERPENT” by Hamish Miller and Barry Brailsford. Reading it left a huge impactful impression. This saying continues to touch me deeply. It’s now also embedded in my heart. Embracing and recognising a power source creates a relationship. The power expands and the one who recognised that power is transformed.

Leslie Temple-Thurston’s book “The Marriage of Spirit” outlines procedures that do help to unravel the entanglement that we create. My experience is shared with you the reader as a brief personal account of its effectiveness. I endorse her book and highly regard her service to humanity.

*In Love, Light and Balance*  
Jurij-Orest Tarnawskij



Lesley Temple Thurston



## SOUTHERN LIGHTS CENTRE DIARY NOTES

### WEDDINGS AT SOUTHERN LIGHTS CENTRE

Southern Lights Centre is a beautiful place for a wedding, especially as spring and summer approaches. The temple is available a wedding, Long Bay House for reception surrounded by beautiful views.

The temple is a unique space designed to marry heaven and earth, spirit and matter, the masculine and the feminine. It is a space that stands free from any religion or philosophy and offers any person(s) from any background a place where they can connect with their essential nature, connect with each other and find true meaning in their lives.



There are spaces (especially in front of the temple) where an outside service could be held. There are many possibilities at Southern Lights Centre to create a wedding. Below are three outlines that could be altered to suit your needs.

Option 1) - an outside service - The backdrop of the Akaroa harbour and the temple would make a perfect place for an outdoor wedding.

Option 2) - a service in the temple - The temple is a sacred space and talks constantly of marriage.

It is the perfect place to conduct a small ceremony.

Option 3) - a reception in Long Bay House – this could be used to house a small reception of up to 25 people. All the facilities of the space could be utilized for this occasion.



Please contact Southern Lights Centre for further details:  
433 Long Bay Rd

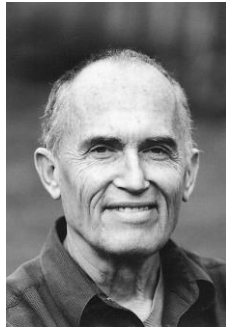
Julia 021-1736813, Orest 021-1434583

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## SOUTHERN LIGHTS CENTRE DIARY NOTES

Greetings to all readers from all of us here at Southern Lights Centre (Orest, Julia, Peter and Christine). I think it is time to acknowledge all who make up the centre we call Southern Lights, in a spirit of celebration and gratitude as Orest and I move towards our sixteenth year here and build on the pioneering legacy of Lawson Bracewell and Leonie Fanthorpe.



This is appropriate as we round out the spiritual year in the last sign of the zodiac, Pisces, in which an inner review of what has unfolded and been accomplished reveals unfinished business best attended to before the new beginnings of Aries. Interestingly, this Centre is a twelfth house expression (the house of Pisces), a retreat centre for solitude away from the energies of everyday city and suburban life.

We want to express our appreciation to all of you who remember us in meditation and support our service as a centre of light and love, as we nurture community and Nature across this Centre's vast and mountainous native bushland and tend our organic vegetable gardens.

Thanks also to those who visit and to the WWOOFers who contribute to the land and are keen to experience meditation and our spiritual classes here. Thanks to those who attend our monthly Full Moon talks, meditations and retreats. Thanks to our newsletter editor Katherine O'Brien and our web mistress Rachael Hocking. Thanks to those who contribute newsletter articles from time to time. Thanks to those who hire our facilities and enrich us with their presence.

This last three months has been our summer quarter. Harvesting, processing and exchanging produce has been a priority. A bumper crop of peas kept one of our WWOOFers busy for hours, picking and podding. This same WWOOFer made delicious burritos for dinner one night. Likewise I worked with the prodigious crops of broad beans and gooseberries while Orest preserved many cucumbers in dill and brine. Maintenance work was carried out on the Temple – the oiling of the woodwork and sealing around the windows to protect against the driving rains.

Huge amounts of eucalyptus wood were sawn and carted from a nearby property and split ready for the insatiable need for warmth here in winter. Already we have had several log fires due to the very changeable weather and these fires also provide an opportunity to cook the dinner on the log burner and dry the washing by the fire in inclement weather.

Since the last newsletter we have hosted WWOOFers from Canada, France and the USA. I am interested in how they respond to a values inventory and to see what the outer planets in their natal astrology charts may portend for their future contributions to humanity. These are instruments, together with the Seven Ray Questionnaire, which provide an impetus to discuss their soul journeys, many of them here in New Zealand to open to new aspects of themselves, away from the cultures of their homelands.

We had a poignant reunion and heart-felt discussion in the Temple with our Chinese Zen Buddhist friends who visited for the last time before heading for Australia. We had spent a year with them in regular spiritual contemplation, interrupted by the pandemic.



Several new young people from Akaroa and surrounds joined us for our Aquarius and Pisces Full Moon meditations and talks. A young Japanese woman stayed here for six nights, enjoying the peaceful environment. She turned eighteen whilst here.

We have deepened our friendship with a German family from a nearby bay, enjoying the Agni Hotra ceremony as energy work for the environment and discussions on the work of Urs Wirths. Last week Orest took them out paddling on the Akaroa Harbour in our Canadian canoe.

It is a joy to have re-connected with a trio of young men who used to stay on weekends while finding their feet in the world. One now works at a nature resort nearby and helps with our wood gathering. Recently another visited with his 2 ½ year old son and shared his passion for his work with agri-forests. We also Zoomed with the third who is in Singapore working with a team bringing courses in personal and spiritual growth to the business community there.

A bout of shingles meant that I withdrew from the Theosophical Society Convention in Christchurch, but we were able to catch up with two participants who stayed with us afterwards.

Peter's house plans are taking shape and recently an engineer came to take soil samples from the building site.

We still have daylight saving so the early meditation in the Temple begins in darkness and already requires thermal underwear at our altitude of 550 metres above sea level here on the peninsula!

Whilst typing this report I looked up to see a woman at the door with a bunch of flowers and afternoon tea delights. We weren't sure that she was coming. It's our dear friend and fellow student in the Trans-Himalayan teachings of the Alice Bailey books here from Australia. She is staying for a few nights for a big catch-up spanning several years since we last met! A lovely way to end these diary notes.

Blessings to all readers. May your spring in the Northern Hemisphere bring the freshness of Nature and the outdoors to your lives as we here move towards winter and indoor reverie.

*Julia, Orest, Peter and Christine*



## **UPDATES and INFORMATION** **SOUTHERN LIGHTS CENTRE**

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If you would like to receive a periodic astrology newsletter please email Katherine on [southernpulsenz@gmail.com](mailto:southernpulsenz@gmail.com)

### **LONG BAY HOUSE – HIRE**



Long Bay House is available for hire. It is the perfect place for workshops, meetings, or a weekend getaway. It is nestled on the hills of the Banks Peninsula with stunning views. It comes complete with kitchen facilities, shower and toilet facilities and can accommodate up to 12 people, plus the cabins which sleep another 4.

#### *Facilities available:*

- \* temple access
- \* 2 workshop/teaching rooms
- \* beds
- \* kitchen
- \* shower/toilet
- \* picnic table, nature walks

Please contact Southern Lights Centre for details: [Julia.tarnawsky@gmail.com](mailto:Julia.tarnawsky@gmail.com)



**TRIANGLE CENTRE**  
AOTEAROA • NEW ZEALAND

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Sender: **Southern Lights Centre**  
**433 Long Bay Road**  
**Akaroa**  
**New Zealand**

*Autumn equinox*  
*20 December 2024 – 4.07 pm (NZT)*

**WEB SITE [www.southernlights.org.nz](http://www.southernlights.org.nz)**

This site is regularly updated. You can download the Newsletter; keep up with events that happen between Newsletter printings and see some of the photos of current projects and events.

Please contact us if you have a relevant link.