

Cruising the Afterlife - more of the same but without a body. Julia Tarnawsky

Consciousness after death is without the limitations of the body and its movement could be likened to cruising to wherever we focus our intention and attention.

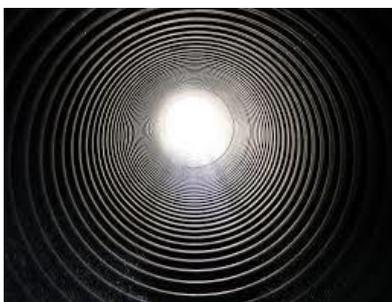
For those who need orientation to their new state there are halfway houses where rest and counselling occur.

A life review is undertaken and the 'video' of our recent life is viewed so we become aware of the accomplishments we achieved and failed to achieve in terms of our recent life's mission and purpose, the good we did and the harm we caused.

After death our vibratory levels and patterns which are in our "permanent atoms" (a bit like bar codes and stored at the base of the soul field) are scanned and recorded. A plan is made for major factors in our next life on Earth according to this information. The great thing is that we can choose to upgrade our "permanent atoms" on Earth. We can prepare for the afterlife by developing the ability to observe ourselves – our motives, habitual thinking patterns, mistakes from which lessons can be learned, and through open-heartedness to others. We can choose to consistently lift and redirect our thinking and emotional responses and so build a higher vibration in our "permanent atoms".



Life after life we are developing a higher vibrational field or aura around the body that is increasingly magnetic, attractive and radiatory. This provides the gravitational dynamic for the afterlife. Therefore we are likely to be drawn to realms in the afterlife which are familiar, which we have often frequented on Earth and with which we resonate; for example to family members already there or to areas of deep interest to continue our study and practice. If committed to serving humanity on Earth, we may proceed to our "group soul" members in the afterlife and continue our service project, for example, scientists establishing electronic contact between the afterlife and their counterpart scientists on Earth.



Those people whose lives have been governed by sensual desire or by negative, destructive emotion or thinking are likely to stay close to the places and vibratory fields they mostly frequented in their life. They may appear as ghosts or try to have their craving satisfied through a person on Earth who has a similar pattern.

In preparation we can also:

- study a map of the afterlife
- learn to meditate in order to develop a higher consciousness independent of the five senses and concrete everyday thinking
- cultivate contact with the soul and learn about its purposes in this lifetime through esoteric (soul-centred) astrology
- study the phenomenon of Near Death Experiences

The cruise in the afterlife is really covering the same terrain we traversed in life – the physical, emotional and mental planes and their varying vibrational fields. So we can then view death as a transition to 'more of the same', but without a body and with telepathic rapport instead of speech.

The life review can then be undertaken in the afterlife with a sense of willingness to face responsibility for what we have created on Earth. Those on a quest for meaning will be able to 'cruise' on to higher vibratory fields and levels of consciousness in the afterlife. Others will choose to sojourn in comfortable and familiar fields.