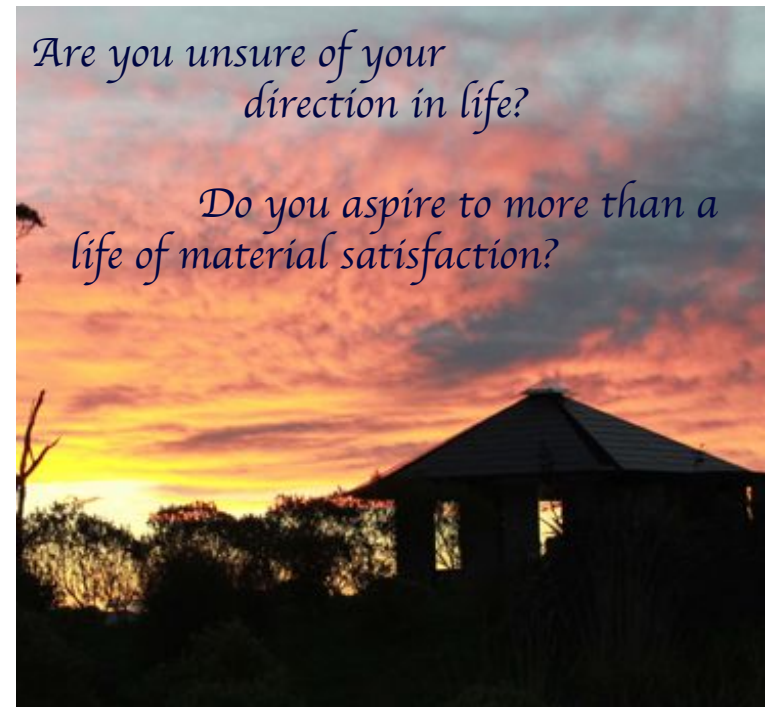




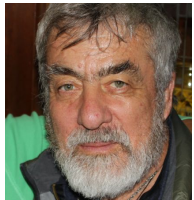
Southern Lights Centre

Southern Lights Centre is located at 433 Long Bay Road, overlooking Akaroa Harbour, and commanding spectacular views of the surrounding volcanic hills. The natural environment, including small streams, springs and regenerating native bush provides a peaceful space for enhancing meditation and learning.



Are you unsure of your direction in life?

Do you aspire to more than a life of material satisfaction?



Orest Yuri Tarnawsky

Lights Charitable Trust for which Orest is a Trustee. Orest has a passion for, and skill in mentoring and teaching. High on his daily agenda are the Ageless Wisdom teachings, the awakening of consciousness, creative expression, study and meditation. He has a particular interest in plasma, sound and electricity in their microcosmic and macrocosmic aspects.

An Australian citizen with Ukrainian family origins, Orest's tertiary studies in visual arts and education led to a fulfilling career as an art teacher and sculptor in New South Wales.

Interest in the Ageless Wisdom teachings led to study for a Master of Science in Esotericism (Esoteric Psychology) and a subsequent move to New Zealand in 2008 to teach at the Christ College of Trans Himalayan Wisdom. The college is now under the auspices of the Southern

Orest's current roles and interests embrace caretaking for the Southern Lights Centre, practicing and teaching Tai Chi/Aikido, membership of the Theosophical Society, beekeeping and greenhouse gardening.



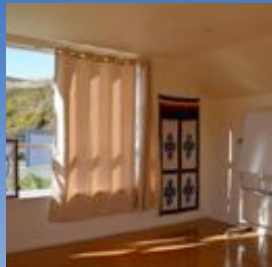
Julia Tarnawsky

Julia worked in South Australia as a psychologist in private clinical practice. Her professional leadership roles were diverse including President of the CG Jung Society. Her training roles embraced work with social work students and trainee teachers.

Building on her earlier tertiary study in psychology and education, Julia completed a Master of Science in Esotericism (Esoteric Psychology) and has a Certificate in Esoteric Astrology.

Since moving to New Zealand in 2008, Julia taught a program in the Ageless Wisdom at the Christ College of Trans Himalayan Wisdom. She is a Trustee of the Southern Lights Charitable Trust which administers the college. She has also undertaken speaking tours for the Theosophical Society.

Julia has been helping others with their psycho-spiritual development for many years. This involves transformation towards wholeness and the expression of spiritual purpose in service to humanity. Currently she enjoys mentoring and teaching people about soul awakening, drawing on concepts from esoteric psychology and astrology.



The **Southern Lights Centre** invites you to participate in an eight month residential course, **Spiritual Realities**, to re-discover your inner Self in preparation for a life of service to humanity. The course involves a shift from a material and virtual emphasis to a greater consideration of the needs of others. You will be assisted to clarify your life purpose and develop techniques to actualise your vision.

The course leads towards:

- increased understanding of your resources and talents
- a clearer sense of your purpose, calling and place in the world
- greater unity and synthesis in thought and understanding
- an expansion in consciousness that apprehends alternative realities through the intuitive function
- a values shift from a personal to a more global perspective
- an appreciation of factors involved in the evolution of human consciousness
- building a closer relationship between spiritually inspired ideas and their practical application

Ageless Wisdom course streams embrace:

Soul Astrology

The blueprint of energies influencing your life mission/purpose

Energetic Wholeness

Systems that promote healing (physical/emotional/mental)

Soul Dynamics

Awakening and care of the soul

Meditation

Principles, practice and purpose: promotion of centering and expansion of consciousness

Realms of Human Functioning

Personal and trans-personal perspectives of reality

Cosmology

A study of the structures and laws of the universe

Fundamental Postulates

The essentials of the perennial wisdom

Service

Expression of attributes and potential qualities in service to humanity



2016 Timetable

- Term 1: 29th February to 22nd April
- Term 2: 9th May to 1st July
- Term 3: 18th July to 9th September
- Term 4: 26th September to 21st October

Course Fees

There are NO tuition fees. Fees are for board and lodging (food and cabin accommodation)
 \$250 per week (28 weeks adds up to \$7000)
 \$100 resource fee for all printed handouts

Residential Orientation Weekend

Before committing to the course we offer you the opportunity to experience an introduction to the school, meet your teachers and have any questions answered.

- Dates:** 30th and 31st January, 10am Saturday to 4pm Sunday
- Cost:** \$200 includes accommodation and food

"May the Power of the one Life pour through the group of all true servers"

